

Virginia Rehabilitation Association
Presents
Working with Challenging People While
Maintaining Personal Balance

By
Robert J. Froehlich, Ed.D., LPC, CRC
George Washington University

Professionals in the human services and rehabilitation sectors frequently interact with individuals requiring a great deal of assistance with interpersonal functioning. Many individuals receiving services from rehabilitation agencies choose to interact in ways that can be quite challenging for the rehabilitation provider as well as for those consumers of services. Over time, this scenario and the efforts required to effectively address these additional communication needs can take a toll on the rehabilitation professional. This training will examine communication patterns, explore communication management strategies, and will highlight methods for the rehabilitation professional to engage in self care. Case study examples designed to assist participants to problem solve and to plan their own approach to effective management of the training topics will be reviewed.

Dr. Rob Froehlich is the Assistant Director of the George Washington University's Mid-Atlantic Rehabilitation Continuing Education Program. He is a Licensed Professional Counselor and a Certified Rehabilitation Counselor. His knowledge relating to the training topic comes from clinical experience working with individuals with brain injuries as well as in the psychiatric rehabilitation arena.

Date: Thursday, August 28, 2008

Time: 9:30 a.m.- 12 noon

Cost: VRA Members \$15.00, Non-Members \$25.00

Location:

Virginia Workforce Center
2211 Hydraulic Road
Charlottesville, VA 22901

CRC Credits Available

To Register:

- 1. Contact Ellen Braswell at Ellen.Braswell@drs.virginia.gov to sign up**
- 2. Mail your registration fee by August 22, made payable to Virginia Rehabilitation Association to Ellen at:**

DRS, 2211 Hydraulic Rd., Suite 101, Charlottesville, VA 22901

Seating is limited

Please contact Ellen Braswell prior to August 22 if you would like to request accommodations